



**aetna**<sup>®</sup>

# Authorization for Release of Protected Health Information (PHI)

ECHS Category - PHIA

My health record is private and is known under the law as “Protected Health Information (PHI).”

By completing and signing this form, I, or my legal representative, agree to allow Aetna to share my PHI with the people or companies listed below. By Aetna, I also mean the company’s subsidiaries, affiliates, employees, agents and subcontractors. PLEASE COMPLETE ALL 6 SECTIONS

## 1. My information

My first name		Last name	Middle initial
My member ID number	My birth date (MMDDYYYY)		My phone number
My street			My city, state, ZIP code

## 2. Aetna can share my PHI with the following people or companies:

Person or company name	Phone number
Street	City, state and ZIP code
Person or company name	Phone number
Street	City, state and ZIP code

## 3. Aetna can share ONLY my records chosen below.

I only want to share the PHI I have checked below. This authorization cannot be used to share psychotherapy notes.

Any information requested  
 Health (medical, dental, pharmacy, vision and flexible spending account information)  
 Disability     Life insurance     Long term care     Patient management records

**Sensitive Information: (this information may include diagnosis and/or treatment information)**

Substance use disorder (alcohol/drug)     HIV/AIDS     Sexually transmitted diseases  
 Behavioral health/Mental health (but NOT psychotherapy notes).  
 Other (please explain) \_\_\_\_\_

## 4. This form will be valid for 1 year unless a shorter time period is listed below.

My authorization is valid from	to
_____ MM/DD/YYYY	_____ MM/DD/YYYY

## <sup>1</sup> NOTICE TO RECIPIENT(S) OF INFORMATION (Section 2):

Information disclosed to you pertaining to certain conditions, such as treatment for alcohol or drug abuse, HIV/AIDS and other sexually transmitted diseases, behavioral health, and genetic marker information is protected by various federal and state laws which prohibit any further disclosure of this information by you without the express written consent of the person to whom it pertains or as otherwise permitted by such laws. Any unauthorized further disclosure in violation of state or federal law may result in a fine or jail sentence or both. A general authorization for the release of medical or other information is NOT sufficient consent for release of these types of information. The federal rule at 42 CFR Part 2 restricts use of the information disclosed to criminally investigate or prosecute any alcohol or drug abuse patient.

**5. By signing below, I understand and agree:**

- My PHI that I agree to share may be sensitive. It may include diagnosis and treatment information. It may cover chronic diseases, behavioral health conditions and alcohol or drug abuse. It may cover communicable diseases, sexually transmitted diseases such as HIV/AIDS, and genetic marker information.
- Whoever gets my PHI may share it with others. That means federal or state privacy laws may no longer protect my PHI.
- I can get a copy of this authorization form that I have signed by sending Aetna a signed request using the address at the bottom of this form.
- Aetna will not release my PHI to the individual(s) or company(ies) named in Section 2 unless I sign this form.
- I can cancel or change my decision any time. I can do this by writing to Aetna, using the address at the bottom of this form.
- If I do cancel my permission, it will not affect actions Aetna took before getting my request.
- My ability to enroll won't change if I do not sign this form.
- My eligibility for benefits and services won't change if I do not sign this form.
- Oklahoma residents may have more protection under Section 1-502 of the state statute. This law pertains to HIV/AIDS and/or sexually transmitted disease.

**ATTENTION:**

My signature is required if any of the below apply:

- I am 18 years of age or older
- I am a minor under the age of 18 and I am either married or I am emancipated
- The information being disclosed pertains to drug or alcohol treatment
- The information being disclosed pertains to one of the following conditions and my state allows me to be treated even if my parents or legal guardian do not agree with my decision:
  - Mental health
  - Sexually transmitted disease (including HIV/AIDS)
  - Reproductive health (including contraception, prenatal care and abortion)
  - General medical and dental health

**6. My signature or my legal representative's signature**

Signature	Date
Print name	
If a legal representative signed this form, describe the relationship: (parent, legal guardian, Power of Attorney, personal representative)	

- If this request is being signed by the member's legal representative, you must provide legal documentation authorizing you to act on the member's behalf (legal guardianship, power of attorney, personal representative).
- If you are making this request on behalf of a minor child, we may require additional information before this request is considered complete.

Please sign and return this completed form to:

**Rural Carrier Benefit Plan  
PO Box 14079  
Lexington, KY 40512-4079  
Fax 859-280-1272**